

Introduction to FCCLA

FCCLA is one of the largest vocational student organizations in the U.S. Established in 1945, FCCLA encourages personal growth, leadership development, preparation for the future and family and community involvement through Family and Consumer Sciences education.

FCCLA Helps Teachers

- ◆ Incorporate school-to-career elements and applied academics into the Family and Consumer Sciences program
- ◆ Serve special populations
- ◆ Enrich classroom teaching and motivate students to learn
- ◆ Fulfill student performance standards and competencies
- ◆ Reduce preparation time as students take responsibility for learning
- ◆ Guide students toward meaningful projects that enhance the image of Family and Consumer Sciences Education
- ◆ Model how to help others publicize the Family and Consumer Sciences programs to parents, administrators, and community
- ◆ Attract more students
- ◆ Establish rapport with students
- ◆ Develop leaders who can assist in the classroom
- ◆ Become aware of additional resources
- ◆ Expand professional experience and fulfillment
- ◆ Tap into a professional support system

Co-Curricular FCCLA Activities

- ◆ Are initiated during class time
- ◆ Complement classroom learning
- ◆ Use FCCLA resources in class
- ◆ Are initiated, developed, and evaluated by students
- ◆ Relate to the FCCLA purposes
- ◆ Provide incentives and recognition that are not part of class requirements
- ◆ Encourage community involvement
- ◆ Enhance and promote Family and Consumer Sciences Education

How to incorporate FCCLA into your classroom

- ◆ **PLANNING PROCESS:** Use the FCCLA Planning Process to brainstorm students' ideas on any classroom topic. When possible, use the planning process to determine topics and priorities of the entire course.
- ◆ **RESOURCES:** Use Teen Times, the state FCCLA newsletter, Advisor excerpts, etc. when discussing young people's needs and concerns.
- ◆ **STUDENT LEADERSHIP:** Turn the planning, management, and implementation of learning activities like films, speakers, and enrichment activities over to students. Show how the topic relates to an FCCLA national program. Students develop leadership as they create the activity. Because it is "their" activity, they must put more into it and, as a result, get much more out of it. This is an easy, effective way to integrate FCCLA into the curriculum and is easier on you.
- ◆ **FLEXIBILITY:** When a class discussion lends itself to developing an FCCLA project, don't be afraid to use the planning process and create a class project. FCCLA programs and projects are outgrowths of the curriculum... encourage them to grow when the "teachable moment" arrives.
- ◆ **SUBTLE INFLUENCE:** Throw out ideas and then let students take over and watch it grow into a super student-created project idea. You can exercise some direction during discussion while giving students ownership of their ideas and plans.